

GET YOUR FLU VACCINE

American Indians and Alaska Natives are at higher risk of developing serious complications from flu



Flu poses an even greater risk to American Indians and Alaska Natives who:

- are young children or elders
- are pregnant women
- have diabetes, severe obesity, heart disease, or asthma and other lung problems

PLEASE MAKE AN APPOINTMENT TO
RECEIVE THE FLU VACCINE



LASSEN
INDIAN HEALTH CENTER

For more information or to schedule your appointment, please call Lassen Indian Health Center at (530) 257-2542 or our Pharmacy at (530) 251-5173.