

NATIVE DIABETES LUNCHEON

PRESENTATIONS:

**Foods and Native American
Traditions - Victoria Tanner**

**Preventive Health & Diabetes
- Maisha Smith**

**Noelle DiSano, Center for
Communities: Introduction of the
Elders Eatery Nutrition
Workshop for 2024**

**FRIDAY
DEC 15
11:30AM-1:30PM**



**LUNCH SERVED
12:00PM-1:00PM**

AT THE EATERY FOR SIR GOLDEN WARRIORS

Food, Fun & Knowledge

Seating available for 48 participants. For questions, contact
Victoria Tanner, Executive Assistant, Lassen Indian Health
Center (530) 251-5115

*Support for the LIHC Diabetes program provided by the I.H.S. SDPI Grant 2023,
Lassen Indian Health Center, SIR Fitness Center, and LIHC Medical Department.*



*Food is
Tradition*

*Take the first step toward
diabetes care and
prevention*