

Elders Eatery

Nutrition Workshops

Let's talk about it!

- Healthy Habits
- A Wholesome Diet
- Understanding Labels and Ingredients
- Healthy Living

Let's meet!

Elders Eatery

Susanville Indian Rancheria

Wednesdays 11am – 12pm

- March 13
- June 12
- September 11
- December 11



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INDIAN HEALTH CENTER