

JOIN US TODAY FOR A 5-WEEK SERIES! EARLY CHILDHOOD LEARN, GROW, EAT & GO!



Location: Susanville Indian Rancheria
Gym - 845 Joaquin Street

Time: 5:00 PM - 6:30 PM

Dates: 7/3, 7/10, 7/17, 7/24, 8/1

A 5-Week Series for Native Kids (0–10) and Families

Hands-on activities to explore food through sensory integration, planting, and a cooking class featuring California Native Plates. Great for picky eaters and kids with sensory or developmental needs.

Final Session – August 1

Sensory food activities and a cooking class with traditional California Native dishes, plus the Harley's Hope Tribal Outreach Event offering local resources and free developmental screenings.

Weeks 1-4:

1. July 3, 2025 - Plant Needs & Plant Parts
2. July 10, 2025 - Seeds & Roots
3. July 16, 2025 - Stems & Leaves
4. July 23, 2025 - Flowers & Fruits

REGISTER NOW!



1 (888) 590-1053 Ext. 101



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Week Five: August 1, 2025

Class will be at Resource Center - 735 Joaquin St.- Time @ 9:00am

- Live in-person cooking course
- Nutrition education and materials
- Sensory integrated therapy techniques conducted by Clinicians
- Focus Group

****These events are free and intended for Native families. We encourage you to participate in all sessions.*****

