

AVOID THE FLU

FLU SHOTS AVAILABLE

Monday

October 26, 2026

At the Eatery for SIR Golden Warriors

Flu Shots for Elders
11:30am-1:00pm

LIHC Patients & Staff
1:00pm-3:00pm

*Please bring your
insurance information.*

**American Indians and Alaska Natives are at higher risk
of developing serious complications from the flu.**

*The flu poses an even greater risk to those in our Native Community
including those who are young children or elders, pregnant women
or individuals who have diabetes, asthma, or other lung problems.*

*Flu shots will also be available starting
October 9th at the LIHC Pharmacy.*



LASSEN
INDIAN HEALTH CENTER

For more information, please call Lassen Indian Health Center at (530) 257-2542 or our Pharmacy at (530) 251-5173.